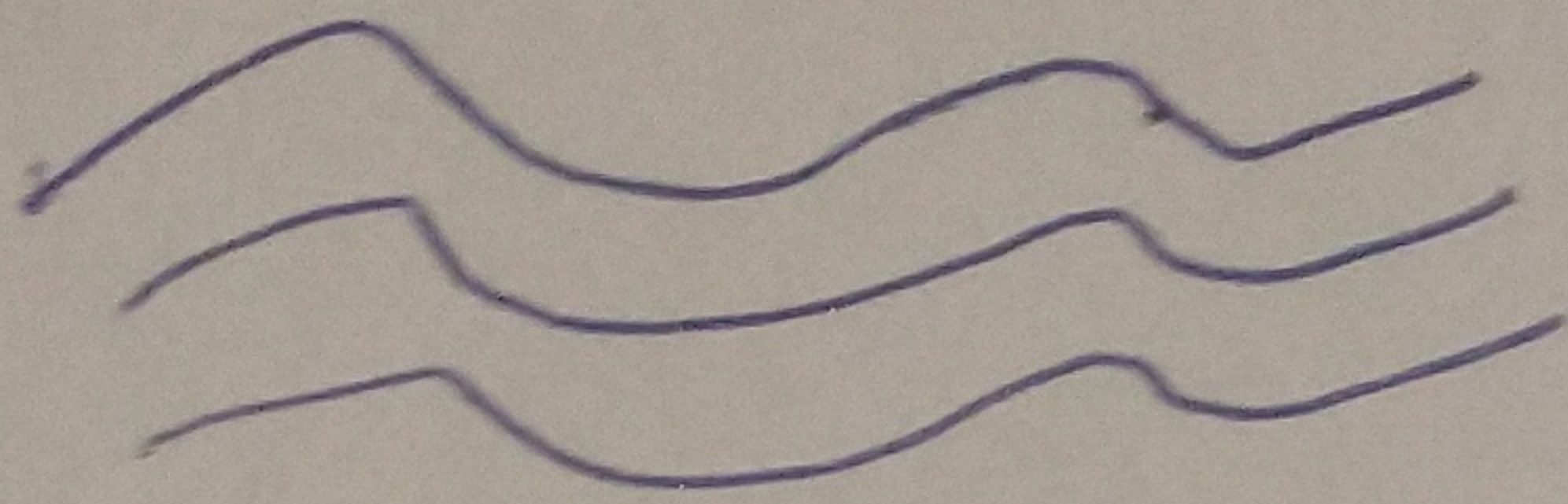
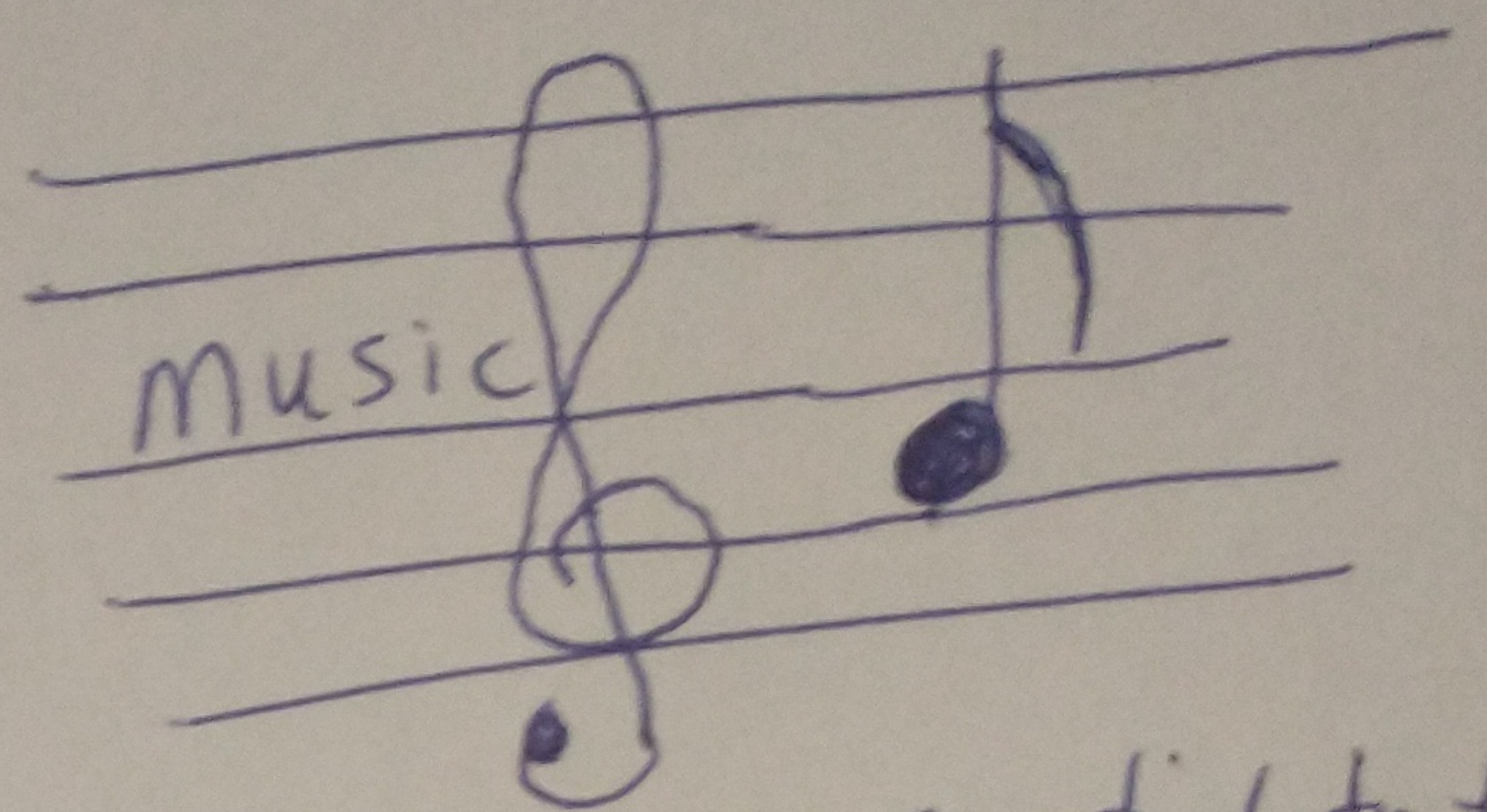
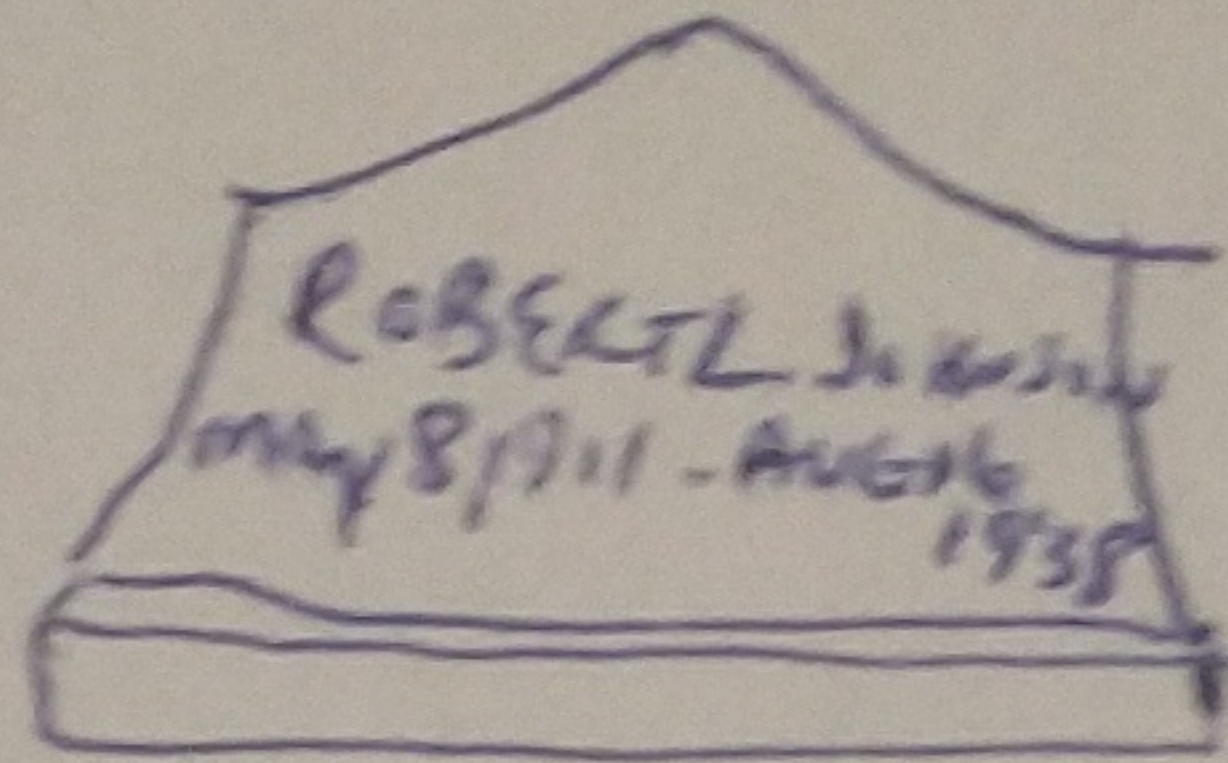
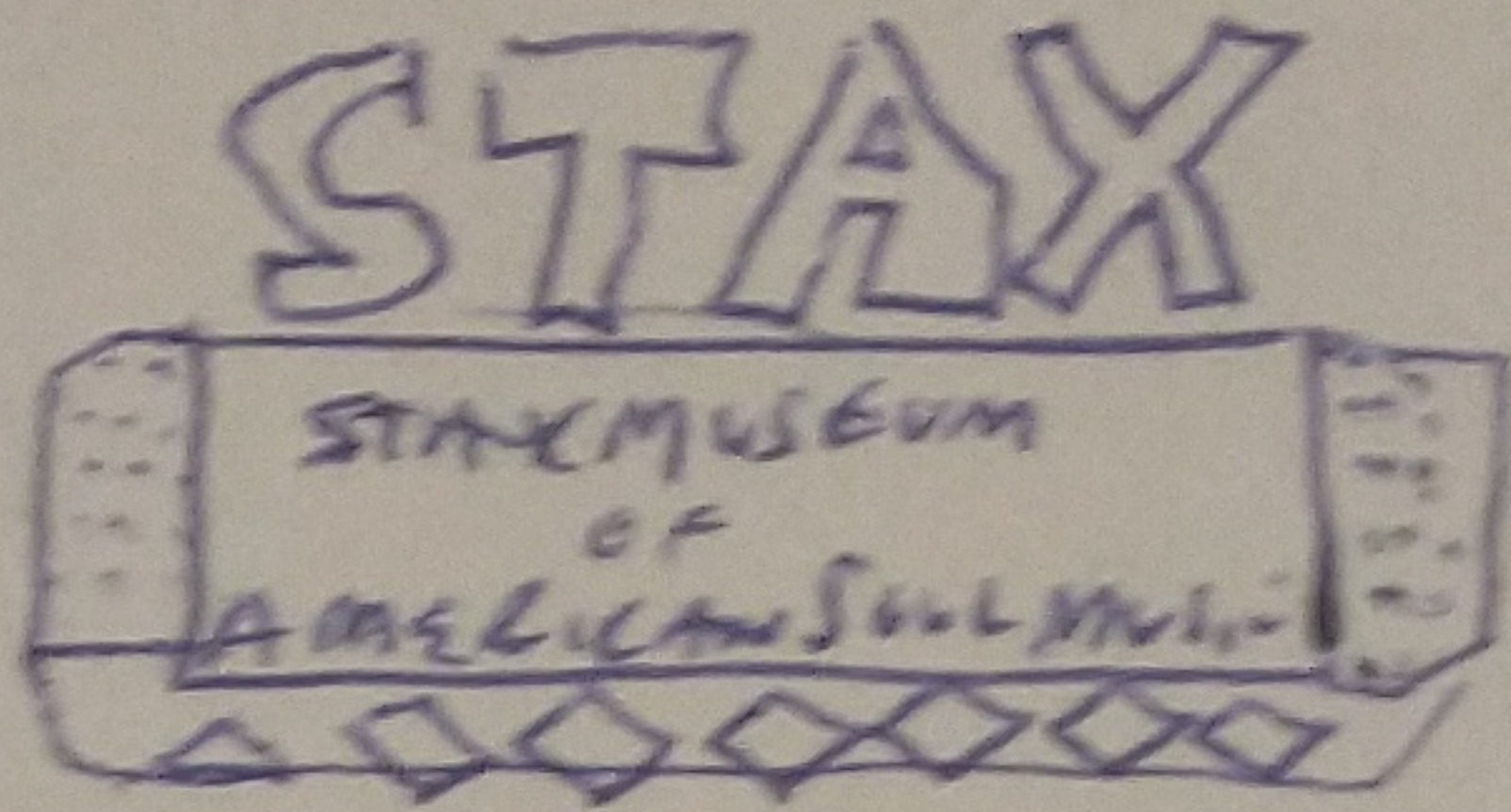


# Voices

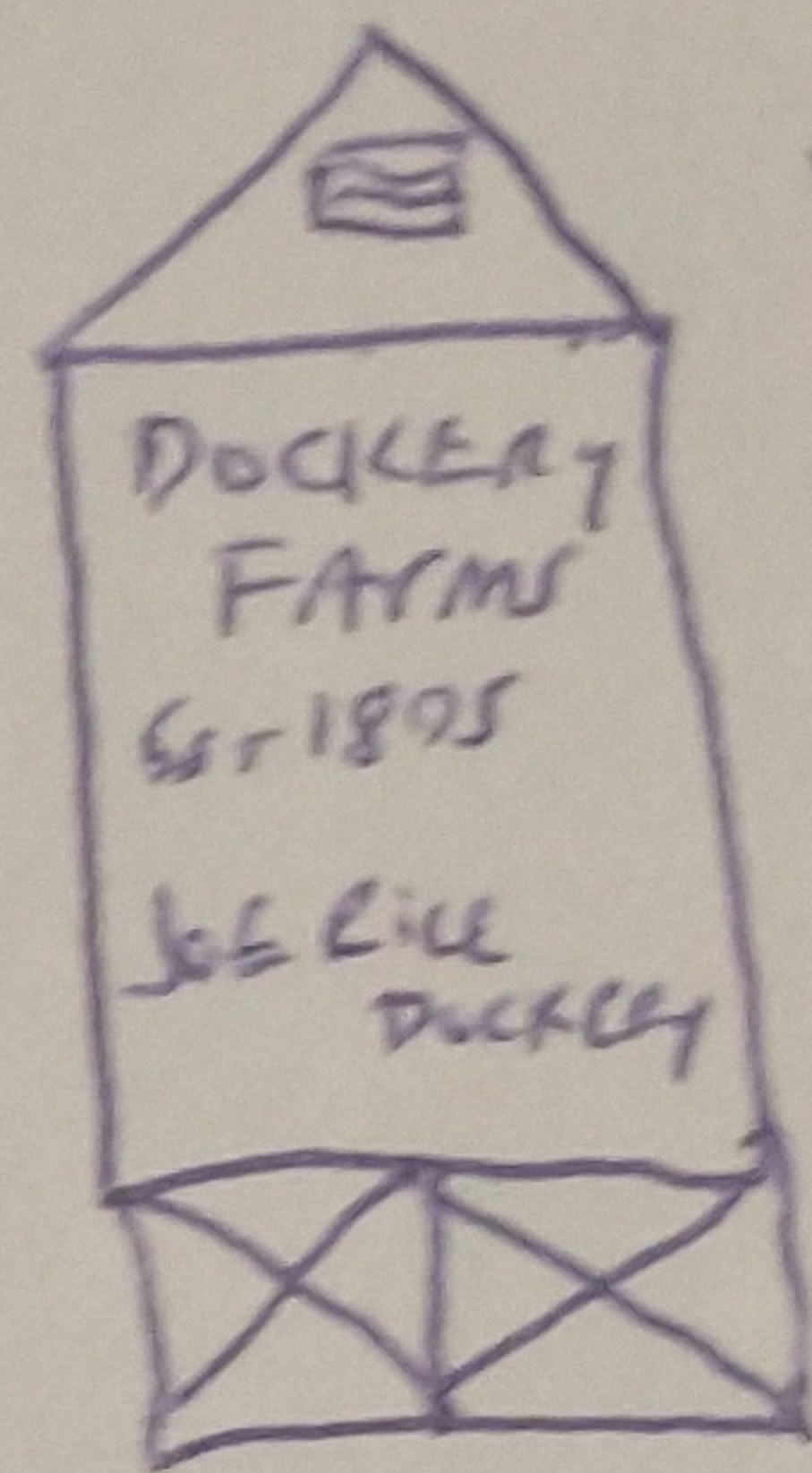
the Mississippi River



The River that made it all happen! The mighty Mississippi, I was surprised that access was limited & once again was emblematic of the power dynamics at play in the Delta. The river is the foundation of all the voices.



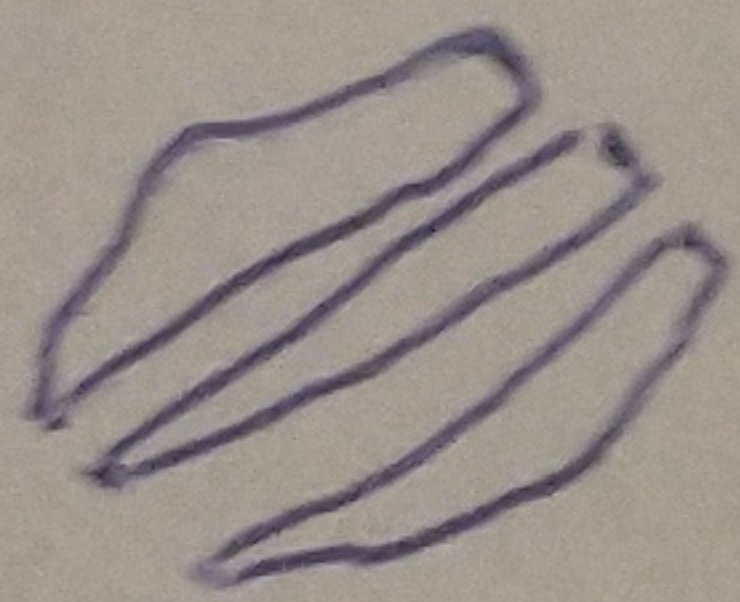
The Blues is essential to the Delta. It is both a window & a mirror. Bopping at Red's in Clarksdale was a hoot. We saw Terry "Big T" Williams & family band.



Visiting Dockery farms, the Birthplace of the blues & listening to Mister Bill's stories told where it all began.

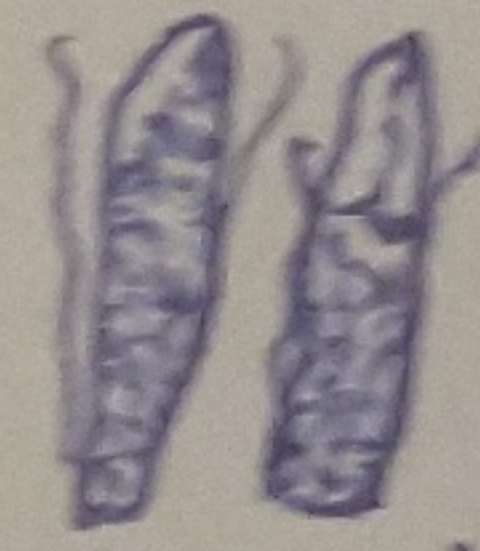
## FOOD:

The food of the Mississippi Delta reflects the region & the people who live there. I was surprised that in an area of agricultural abundance, the food choices were limited & not healthy.



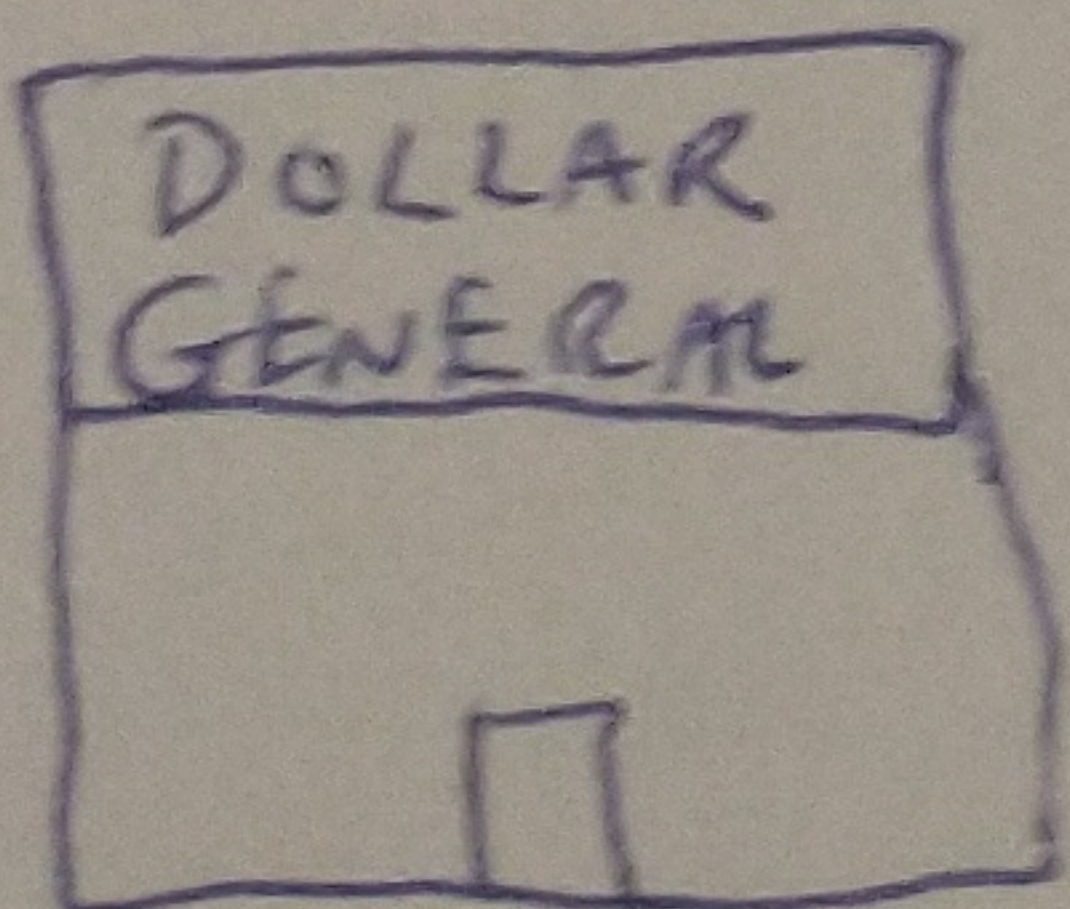
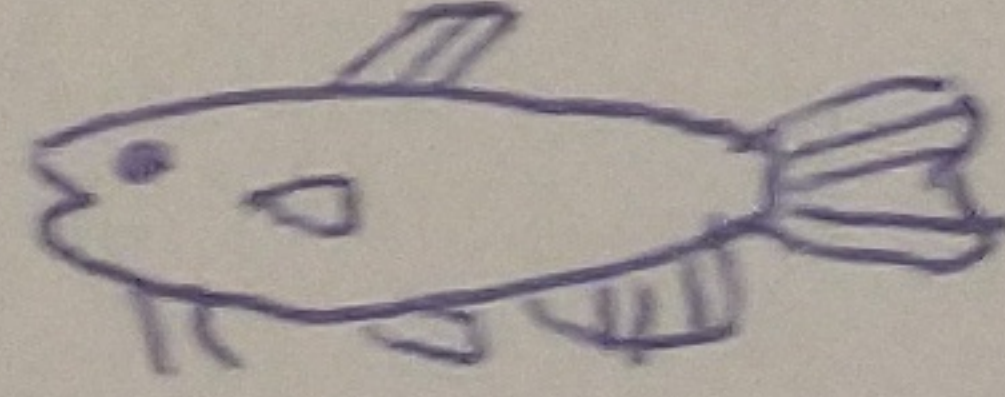
OKRA

Rice

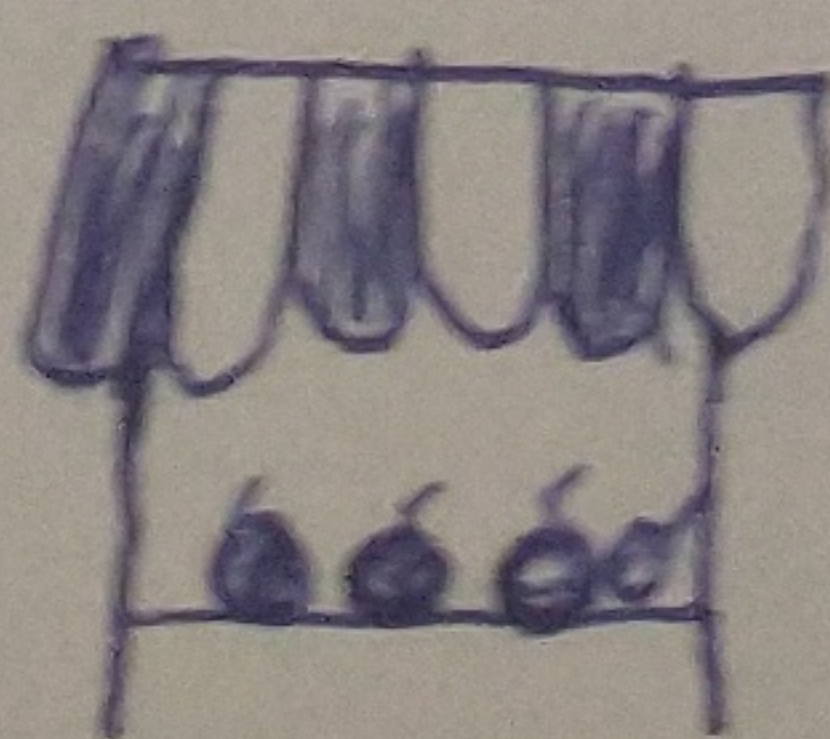


CORN

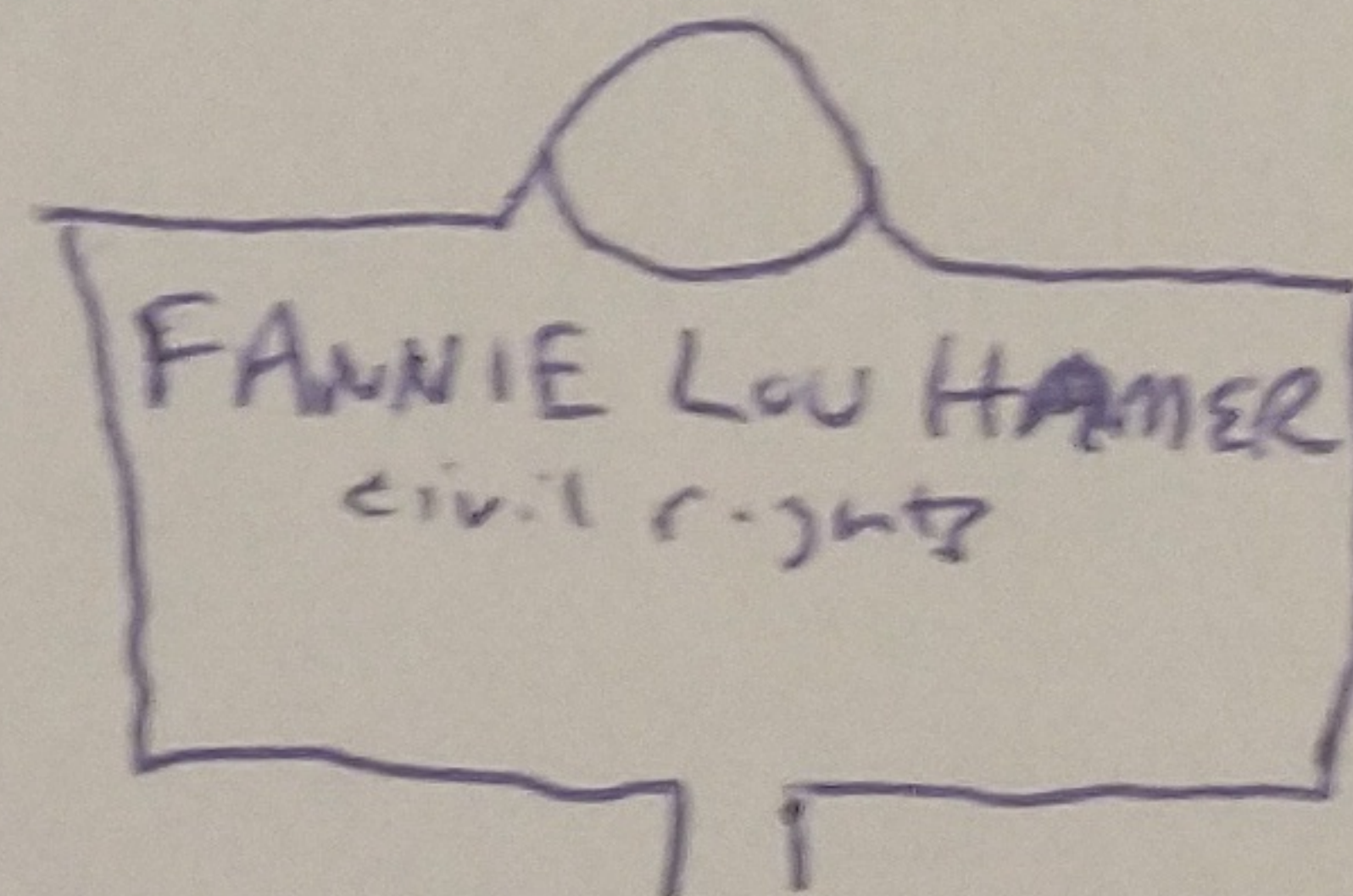
CATFISH



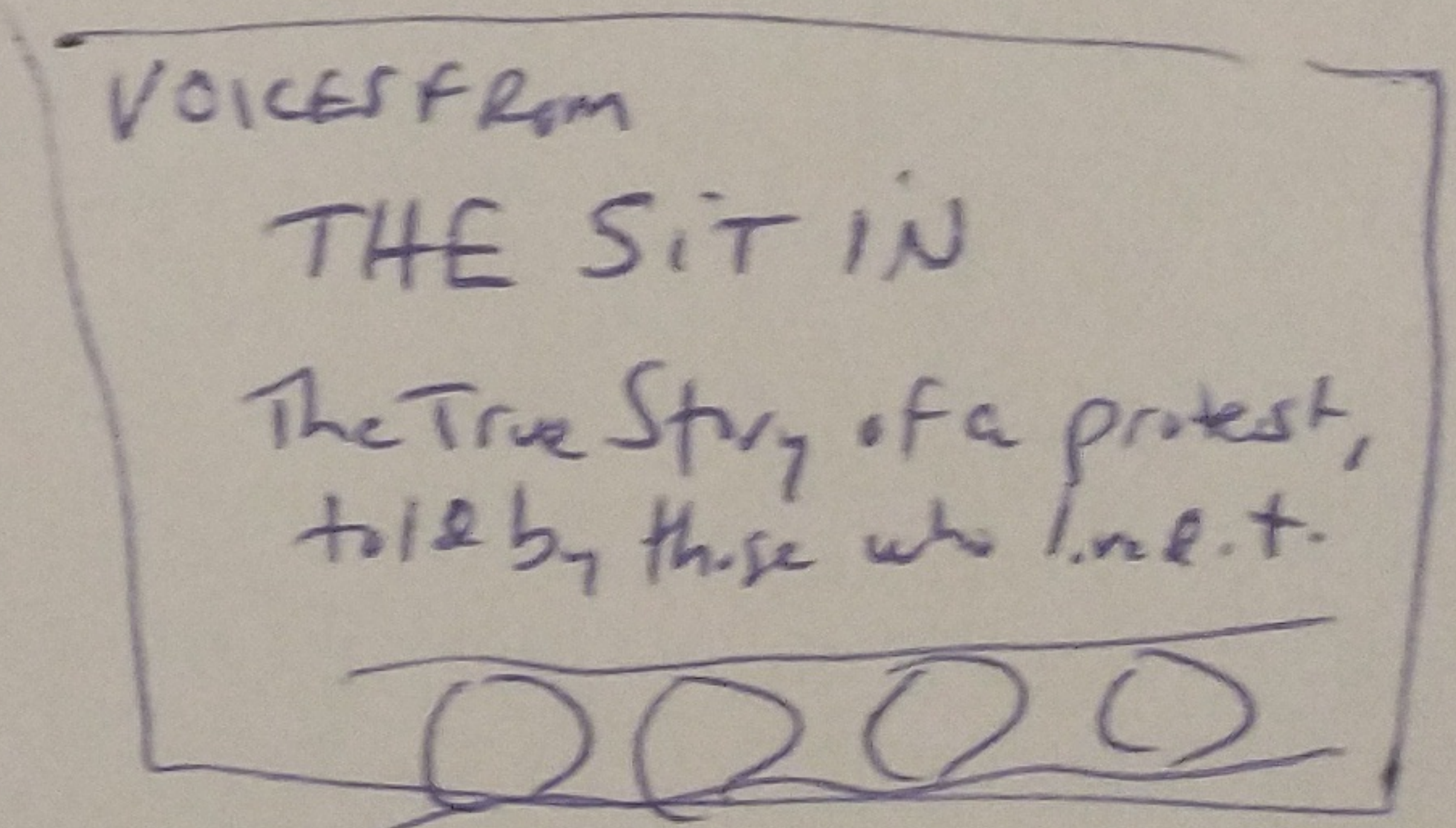
The Cleveland Farmers Market on Saturday was a treat. I got quinoa tabbouleh, peach cobbler, & energy BARS.



## Civil Rights Icons



Reading a book about Fannie Lou Hamer & learning about her humble roots & great determination for Voting Rights inspired me.



My favorite session was hearing from two of the women involved in the Delta State College Sit-in in 1969. I was humbled by their determination & willingness to fight for their rights.